Grocery List:

**Meat**
- 2 lbs boneless chicken thighs
- 4.5-5 lbs boneless chicken breast
- 2 lbs ground chicken
- 1 1/2 lbs ground beef
- 1 16oz pkg frozen meatballs

**Sauces/Seasonings:**
- 2 Tbsp olive oil
- 1 cup honey
- 1 18 oz bottle bbq sauce
- 1 12 oz bottle sweet & sour sauce
- 1 Tbsp rice vinegar
- 2 Tbsp sesame oil
- 1/2 cup beef broth
- 0.5 cup hoisin sauce
- 0.6 cup soy sauce
- 3 Tbsp water
- 1 packet taco seasoning
- 1 Tsp salt
- 1 Tsp pepper
- 0.5 Tsp sugar
- 1 Tbsp chili powder
- 8 cloves garlic
- 1.5 Tsp minced onion
- 0.25 Tsp crushed red pepper
- 3 Tbsp cornstarch
- 0.5 Tbsp sesame seeds

**Vegetables**
- 4 green onions
- 2.5 onion
- 1 green pepper
- 2 red pepper

**Canned:**
- 1 15 oz can tomato sauce
- 1 28 oz can diced tomatoes
- 1 15 oz can red kidney beans
- 2 15 oz can black beans
- 1 8oz can water chestnuts
- 2 1/2 cups brown or white rice
- 2 20 oz can crushed pineapple
- 1 cup pineapple tidbits
- 1 cup medium salsa
- 1 10oz can green enchilada sauce
- 1 can corn
- 1 can rotel

**When ready to serve:**
- 1 cup shredded cheddar cheese
- 5 or 6 flour tortillas
- romain lettuce

Slow Cooker Chili
Slow Cooker Hawaiian Chicken
Slow Cooker Honey Sesame Chicken
Slow Cooker Pineapple Chicken Burritos
Slow Cooker Asian Chicken Lettuce Wraps
Slow Cooker Sweet & Sour Meatballs
Slow Cooker Tex-Mex Chicken